



Present

The 60th Annual Convention!



Wednesday, April 28, 2010
10:30 a.m. - 12:15 p.m.

“You Can Make It Happen” Stedman Graham

Entrepreneur, best-selling author and premier motivational speaker Stedman Graham will be the opening keynote speaker at The Arc of Illinois and The Autism Program 60th Annual Convention. Graham, inspired by his siblings, says his mother is a founding member of The Arc in his hometown of Whiteboro, N.J. ***The New Reality: Energize and Reboot*** is an appropriate convention theme for Graham's story as a sibling to two individuals with intellectual disabilities and his message of ***“You Can Make It Happen.”*** Graham will challenge the audience to **Energize and Reboot** their lives, help people to develop a vision and provide a continuous approach for growth, learning and maximizing personal and professional potential. Stedman Graham has authored ten books, including two *New York Times* bestsellers. Having dedicated his life to community and education, Graham serves as an adjunct or distinguished visiting professor at universities across the nation and lectures for organizations around the country. This will be a motivating session you won't want to miss!
Become the Best You Can Be! Achieve Your Dreams!

Wednesday, April 28, 2010
2:00 - 3:45 p.m.

“Supporting the Emerging Self-Advocate with Autism Spectrum and Related Conditions” Valerie Paradiz, Ph.D.

In school, agency and home and work environments, individuals diagnosed with autism spectrum disorder (ASD) receive limited support in understanding their condition. Knowing the diagnosis is only a first step, and for some individuals with autism, conveying such information about diagnosis might not be possible due to communication, cognitive or processing differences. Nonetheless, children and adults with ASDs need tools for identifying their social and environmental needs. They also need strategies for scanning environments, requesting modifications verbally or via alternative forms of communication (PECs, sign or electronic devices), and knowing how and when to disclose their condition to others either partially or fully. In this workshop, Dr. Paradiz introduces us to the Integrated Self-Advocacy ISA™ Curriculum (Autism Asperger Publishing Company), a program for teachers, therapists and families to support individuals with ASDs and related conditions in becoming better, more autonomous self-advocates.



Thursday, April 29, 2010
11:00 a.m. - 12:45 p.m.

“Why We Do What We Do: Bringing Back the Passion in Our Lives” Al Condeluci, Ph.D.

The work done in human services and community building is often routine and repetitive. If we focus on just the work, energy can give way to mediocrity. This animated presentation will re-examine the roots and background of our work. The history of how people with disabilities have been treated will be explored and ways we can rekindle our passions for inclusion and community will be offered.



Art Exhibit

**WEDNESDAY, APRIL 28, 2010
REGISTRATION 8:00 A.M. - 4:00 P.M.**

Reception
5:30-7:00 p.m.

<p>8:30 - 9:45</p>	<p>Carol Paske Alana Tosheff Little Friends Center ★ for Autism</p> <p><i>“Living With Autism and Expecting the Unexpected”</i></p> <p>Learn about strategies on how to enjoy the extraordinary journey of living with a person with autism! Carol and Alana will share stories, strategies and humor based on real life experiences. Strategies can be used across disabilities.</p>	<p>Brian Rubin, J.D. Brian Rubin & Associates</p> <p><i>“Confused About Special Needs Trusts, Guardianship & the Alternatives, & What Happens When the Bus Stops Coming? Get UNCONFUSED!”</i></p> <p>Legal and future planning to maintain SSI & Medicaid; special needs trusts; guardianship & alternatives; extended family gifts & inheritances; guidance for future care providers; navigating the “MAZE” of the Illinois “system” of services; among other topics are presented by an attorney who is the father of a son with autism.</p>	<p>Michele Westmaas Hearing & Vision Connections</p> <p><i>“Effective Communication Tools for Parents & Professionals”</i></p> <p>Both parents and professionals on the IEP team will learn strategies for avoiding conflict, managing challenges, reducing stress and avoiding emotional breakdowns while working toward an appropriate individualized educational program.</p>	<p>Allan Goldstein Equip for Equality</p> <p><i>“Americans with Disabilities Act (ADA) Hot Topics: ADA Amendments Act and Reasonable Accommodations at School and College”</i></p> <p>This interactive presentation will explore the ADA Hot Topics of ADA Amendments Act changes and the process of requesting and obtaining reasonable accommodations and modifications at school and college.</p>	<p>Tony Paulauski The Arc of Illinois</p> <p><i>“The Managed Care Pilot and the Impact on Persons with Developmental Disabilities”</i></p> <p>The Governor has proposed this pilot to save the state hundreds of millions of dollars. Attendees will get understanding of this proposal and its impact on the disability system in Illinois. Will this be good for the people we serve or will it do harm?</p>	<p>Jasmina Sisirak Katherine Brinkmeier UIC</p> <p><i>“Health Matters: New Training and Education Resource for Service Providers and People with IDD”</i></p> <p>This session will provide an overview of current health promotion tools and resources including two recently published health promotion books, an innovative web-based staff training program, and an evaluation tool for organizations.</p>
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10:15 WELCOME: JACKI NEIL BOSS, Board President, The Arc of Illinois

10:30 KEYNOTE: STEDMAN GRAHAM - “You Can Make It Happen”

12:30 LUNCHEON GUEST SPEAKER: LILIA TENINTY, Director of the Division of Developmental Disabilities, DHS

2:00 KEYNOTE: VALERIE PARADIZ, PH.D. - “Supporting the Emerging Self-Advocate with Autism Spectrum and Related Conditions”

<p>4:00 - 5:15</p>	<p>Valerie Paradiz, Ph.D. ★</p> <p><i>“Fostering Deep and Focused Interests in Children with ASDs”</i></p> <p>Valerie Paradiz, Ph.D., shares the story of her son Elijah and his amazing development as a standup comic, tapping into Elijah’s deep interests in comedy, which began with his highly focused study of Charlie Chaplin’s silent films when he was only three years old. Lesson planning templates and sample lesson plans will be provided.</p>	<p>Sherri Schneider Family Benefit Solutions</p> <p><i>“Got Medicaid? What’s New, What’s True”</i></p> <p>This interactive, informative session will address benefits such as SSDI, SSI, Medicare and with a strong emphasis on Medicaid—which is needed like oxygen for waiver programs and the conversion.</p>	<p>JJ Hanley JJ’s List</p> <p><i>“How to Use the Internet and Social Networking for Self-Determination and Individual Advocacy”</i></p> <p>Persons with developmental disabilities are being left behind or left out altogether from productive and essential use of the Internet. In this engaging, interactive workshop you will learn how to turn the Internet and social networking from a barrier into a tool for effective self-advocacy and community participation.</p>	<p>Consuelo Puente Stacy Yusim Equip for Equality</p> <p><i>“LEGislative Up... A Call to Action for a Successful Transition”</i></p> <p>This interactive workshop is filled with innovative ideas and emerging resources to help you advocate for a transition from high school that fulfills your dreams of success.</p>	<p>Katie Arnold Institute on Disability and Human Development, UIC</p> <p><i>“Strategies for Supervisors to Retain DSPs”</i></p> <p>Supervisors play a critical role in the retention of direct support professional (DSPs) as well as the quality of support DSPs provide to people with disabilities. Come learn strategies to maintain high quality DSPs.</p>	<p>Lisa Cesal Blue Tower Training</p> <p><i>“Advocacy”</i></p> <p>Lisa will be teaching and motivating parents, professionals and adults with disabilities to effectively advocate using the inspirational story of her life.</p>
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5:30 HORS D’OEUVRES RECEPTION AND ENTERTAINMENT- “It’s My Cue! I’m An Actor!”
Performed by The Arc of Winnebago, Boone & Ogle Counties Shining Stars

During the performance, the audience will meet each cast member and get to know a little about them and the roles they have played in other performances. Then the cast will re-create scenes from other shows they have done, including *Sharing Ourselves*, *Santa Gets An Off Season Job*, *I Object*, and *The Challenge of Bureaucracy*. At the end of the performance, those who want to try their hand at acting will be invited on stage to learn some basic stage directions as well as how to use voice to convey emotion.

★ **Although these presentations will have a focus on autism, they will be applicable to all developmental disabilities.**

Art Exhibit

THURSDAY, April 29, 2010
REGISTRATION 8:00 A.M. – 12:00 P.M.

Silent Auction

<p>9:00 - 10:15</p>	<p>Mark Schmidt The Hope Institute for Children and Families ★ <i>“AFAA and ATAA: Harnessing Technology to Promote Policy Change”</i> An examination of the ways in which new media social networking and the internet were utilized to advance social policy on autism spectrum disorders.</p>	<p>Theresa M. Varnet, J.D. Spain, Spain & Varnet P.C. <i>“Paving the Path: Futures Planning for Siblings & Family Members”</i> Where will your child live? With whom will s/he live? What vocational, recreational and health care supports will s/he need? These questions will be discussed, as well as information on how to tap into community funding sources to improve housing options.</p>	<p>Katie Arnold Cathy Christensen Marty Fox Nora Handler Tara Kosieniak John Lipinski Tia Nelis Jason Nosbaum <i>“Siblings and Self Advocates: A Partnership for a Stronger Tomorrow”</i> Siblings can learn from self-advocates! People with a sibling with a disability are coming together to advocate for a better tomorrow. What can siblings learn from self-advocates? How can we work together to make change?</p>	<p>Vicki Niswander Teri Steinberg <i>“Microboards & Cooperatives: A New Alternative for Adult Services”</i> Are you, or do you know a family who wants both quality and flexibility in adult services? Microboards and Human Services Cooperatives are new and exciting alternatives that are grounded in self-determination and empower individuals to live rich lives as valued member of their communities.</p>	<p>Al Condeluci UCP of Pittsburgh <i>“Cultural Shifting: Understanding Community and Social Capital”</i> Designed for all levels of staff, family members and advocates, this presentation introduces the element of culture, focuses the potency for change within these elements, and then offers strategies to implement “cultural shifting” in your own organization or life.</p>	<p>Faye Manaster Octavia Byars Darcy Contri Laura Frankel DeStigter Georgia Winson <i>“Family to Family Supporting Youth and Family Leaders to ‘Do’ Transition: Voices of Experience”</i> This session, designed for family leaders and professionals, will focus on pragmatic approaches to identifying barriers to transition success and utilizing proven strategies to support youth in overcoming them.</p>
<p>10:45 WELCOME: TONY PAULAUSKI, Executive Director, The Arc of Illinois</p>						
<p>11:00 KEYNOTE: AL CONDELUCI, PH.D. - “Why We Do What We Do: Bringing Back The Passion in Our Lives”</p>						
<p>1:00 LUNCHEON GUEST SPEAKER: Kathy Ryg, President, Voices for Illinois Children “Lessons Learned AS a State Rep: Politics vs. Policy”</p>						
<p>2:45 - 4:00</p>	<p>★ Fredericka Theus UIC <i>“Asperger Syndrome in the African American Community: Barriers to Diagnosis”</i> The unique social circumstance of African Americans may contribute to specific challenges in diagnosis. The potential impact of factors including service access, help-seeking behaviors, and referral barriers will be explored.</p>	<p>Charlotte Cronin Brian Rubin, J.D. Parents <i>“Navigating CILA: Reflections on Successful Transitions to CILA Living”</i> Charlotte and Brian will reflect on the challenges, emotions, and strategies they experienced and used as their children with disabilities moved into residential CILA services.</p>	<p>Linda Sandman Rebekah Moras Dawn Ramsey Tia Nelis IDHD Developmental Disabilities Family Clinics, UIC <i>“Promoting Sexual Self-Advocacy”</i> Sexual Self-Advocacy is central to the concept of Self-Advocacy. Adults with Developmental Disabilities have made it clear: We are sexual beings. This workshop will explore ways to support sexual self-advocacy for adults with intellectual and developmental disabilities. Participants will develop a customized action plan to implement in their own work.</p>	<p>Cyndie Kieffer So. IL Case Coordination <i>“Give Your Dog (or Cat) a Job!”</i> For dog-gone good fun; give animal-assisted therapy a try!</p>	<p>Holly Janczak Anne Look NAQ <i>“National Association of Qualified Developmental Disability Professionals Online Certification Program”</i> The National Association of Qualified Developmental Disability Professionals (NAQ) has embarked on a new initiative of an online certification program to develop national standards to define and shape the role of QDDPs/QMRPs.</p>	<p>Abigail Schindler Institute on Disability & Human Development, UIC <i>“Disabilities in Faith Communities”</i> What are the challenges people with disabilities face in participating in faith communities? This presentation addresses barriers to participation, and gives tips and tools for families and direct care workers.</p>
<p>4:00 PICK UP AUCTION ITEMS</p>						

PROGRAM SUBJECT TO CHANGE

NOTE

If you have any special needs, please contact The Arc of Illinois (815)464-1832. Notice of any special accommodations is required two weeks prior to the event.

If financial restrictions prevent you from paying full registration, you may contact the Consumer Involvement Program at The Arc of Illinois (815-464-1832) for an application for a consumer stipend. The stipends are limited and are available on a first-come, first-served basis, so you need to get your application in as soon as possible.

Hilton Hotel
3003 Corporate West Dr.
Lisle, IL 60532
630/505-0900

The Hilton Hotel is located just North of I 88. Exit I 88 at Naperville Rd. exit and go right at the stop light. Then proceed to Warrenville Rd and turn right. The Hilton is on the right. The Arc of Illinois has reserved a block of rooms at the convention rate of \$115/night single or double. The cut-off date for the special rate is April 6, 2010. If you need to know what public transportation is available to the hotel, call the RTA at 836-7000.



The Arc of Illinois has reserved a block of rooms at the convention rate of \$115/night single or double. The cut-off date for the special rate is April 6, 2010. If you need to know what public transportation is available to the hotel, call the RTA at 836-7000.

FULL REGISTRATION
(Per person - includes both days)

_____	PROFESSIONALS ARC MEMBER	\$210.00	\$ _____
_____	PROFESSIONALS NON-ARC MEMBER	\$250.00	\$ _____
_____	SELF-ADVOCATES/FAMILY ARC MEMBER	\$130.00	\$ _____
_____	SELF-ADVOCATES/FAMILY NON-ARC MEMBER	\$160.00	\$ _____

DAILY REGISTRATION

_____	PROFESSIONALS ARC MEMBER PER DAY	\$120.00	\$ _____
_____	PROFESSIONALS NON-ARC MEMBER PER DAY	\$150.00	\$ _____
_____	SELF-ADVOCATES/FAMILY ARC MEMBER	\$ 70.00	\$ _____
_____	SELF-ADVOCATES/FAMILY NON-ARC MEMBER	\$ 100.00	\$ _____

INDICATE WHICH DAYS YOU WILL ATTEND: ___ WEDNESDAY ___ THURSDAY

INTRODUCTORY YEARLY MEMBERSHIP- **NEW MEMBERS ONLY** (available only for the convention)

___ YES, I WOULD LIKE TO JOIN THE ARC OF ILLINOIS FOR \$20.00 \$ _____

TOTAL ENCLOSED: \$ _____

INSTRUCTIONS: Please print or type all information. Mail completed form to: The Arc of Illinois, 20901 S. LaGrange Rd., Suite 209, Frankfort, IL 60423. Make checks payable to The Arc of Illinois. You may fax this form to 815-464-5292 and send the fee with the hard copy of this form in the mail. On-site registration will be available at the convention. **YOUR NAME AND CHAPTER/AGENCY WILL APPEAR ON YOUR NAME BADGE EXACTLY AS YOU INDICATE ON THIS FORM. PLEASE PRINT CLEARLY.**

FULL NAME: _____

ORGANIZATION (if applicable): _____

YOUR MAILING ADDRESS: _____

CITY: _____ STATE _____ ZIP _____ PHONE _____

E-MAIL: _____

METHOD OF PAYMENT

- _____ Fax form and send check to The Arc of Illinois
- _____ Check enclosed payable to The Arc of Illinois
- _____ State Voucher or P.O. # _____
- _____ Charge to my Visa or Mastercard

NOTE: If you have a disability and require individualized services, please attach a written description of your needs to this registration form. We must know of any special needs at least two weeks prior to the convention.

Name as it appears on card: _____

Card Number: _____

Expiration Date: _____

Card holder's signature: _____

Participants canceling their registration at least 72 hours before the convention may be given a refund, less \$50 administrative cost. No refund will be given for cancellation less than 72 hours before the convention.

The Arc of Illinois and The Autism Program 2010 Annual Convention Children's Program

***Respite is available for children and adult children of convention attendees.
This service is provided by The Arc of Illinois at no extra cost.***

Parent's Name: _____

Participant's Name & Age: _____

Nickname, if used: _____

Tell us about your child: _____

Medication (if any): _____

Special Diet Needs (if any): _____

Best way to communicate with your child: _____

Special needs or comments: _____

Does your child have seizures? YES _____ NO _____

Does your child require assistance with eating, walking, toileting or dressing? Please explain:

May your child go in the pool with 1 to 1 staff? YES _____ NO _____

May your child be transported to an outing outside the hotel? YES _____ NO _____

What day and time do you need the Respite Care?

Please sign the following waiver for Arc sponsored outings:

I hereby waive and release all claims for injuries my child might sustain arising out of the Children's Respite Program during The Arc of Illinois and Autism Program Annual Convention, April 28-29, 2010. I understand that every precaution is taken to protect the safety of each participant in this program. I agree to assume the full risk and to waive, relinquish and release all claims I and/or the participant may have against and indemnify and hold harmless The Arc of Illinois and The Autism Program, their officers and staff and volunteers from any such claims. I agree to emergency treatment by a physician or hospital in the event I cannot be reached.

Signature of Parent/Guardian: _____ Date: _____



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Frankfort, IL 60423

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**Annual Convention
April 28-29, 2010**



SILENT AUCTION AND EXHIBITS

Wednesday 8:00 a.m. - 5:00 p.m.
Thursday 8:00 a.m. - 2:30 p.m.

LUNCH

and coffee breaks included with
Convention registration.

The New Reality: Energize and Reboot

CEU's/CPDU's/Training Hours

12 CEU's available for Nursing Home
Administrators and Social Workers. 12
Training Hours available for QSPs.
CPDUs are available for Teachers.

CHILDREN'S PROGRAMS

Activities and respite care are provided for
children of all ages and abilities.
Please fill out the back of the registration form if
you are planning on using our respite care services.



**Featuring the 9th
Annual Art Exhibit**

**Call The Arc if you
would like to participate
in the Art Exhibit!**

**SPECIAL
GUEST
WEDNESDAY**



**STEDMAN
GRAHAM**

SPONSORS:
**The Arc of Illinois
The Autism Program**
LUNCHEON SPONSOR:
Brian Rubin & Associates
BREAKFAST SPONSOR:
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